









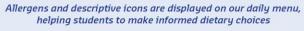
DISCLAIMER:

WEEKLY MENU



	A Committee of the Comm											
	03/11 Monday	04/11 Tuesday	05/11 Wednesday	06/11 Thursday	07/11 Friday							
SOCIAL KITCHE	EN Monday: 10:30am - 1:3	0pm (Lunch: 11:30 - 1:30p	m); Tuesday to Friday: 10:	30am - 2:30pm (Lunch: 11	:30am - 2:30pm)							
Meal A \$41 Takeaway \$38 Dine-in	Japanese Curry Chicken w/ Rice	Grilled Chicken Steak in BBQ Sauce w/ Rice	BBQ Pork w/ Rice	Chicken a-la-king w/ Rice	Teriyaki Chicken Steak w/ Rice							
Meal B	Classic Hot Dog [\$32]	Pizza Margherita / Pepperoni & Cheese Pizza [\$30]	Trio Cheese Pizza / Chicken & Mushroom Pizza [\$30]	Classic Hot Dog [\$32]	Pizza Marinara / Bacon & Cheese Pizza [\$30]							
Meal C \$38 Takeaway \$35 Dine-in	(Vegan) Trio Tomato Sauce Pasta	(V) Pumpkin Alfredo Pasta	(V) Omni-Meat Bolognaise Pasta	(V) Stir-fried Egg Noodle w/ Assorted Vegetable	(V) Porcini Mushroom Sauce Pasta							
LEO'S Café Monday: 7:00am - 3:00pm; Tuesday to Friday: 7:00am - 4:00pm												
Salad Box \$36	Smoked Salmon Caesar	Mixed Kale Salad w/ Parma Ham	Potato & Chicken Salad in Thousand Island Dressing	(V) Japanese Cold U-don in Sesame Dressing	Tuna Nicoise							

















From cage-free eggs to low-carbon footprint produce,

sustainability is incorporated throughout our menus





WEEKLY MENU



	03/11 Monday		04/11 Tuesday		05/11 Wednesday		06/11 Thursday		07/11 Friday						
Nutrition Information (per 100g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)
Meal A	Japanese Curry Chicken w/ Rice		Grilled Chicken Steak in BBQ Sauce w/ Rice		BBQ Pork w/ Rice		Chicken a-la-king w/ Rice		Teriyaki Chicken Steak w/ Rice						
	165	6	8	175	9	5	135	9	3	176	12	16	156	7	4
Meal B	Classic Hot Dog		Pizza Margherita / Pepperoni & Cheese Pizza		Trio Cheese Pizza / Chicken & Mushroom Pizza		Classic Hot Dog		Pizza Marinara / Bacon & Cheese Pizza						
	255	10	9	218	7	12	264	12	11	255	10	9	195	6	7
Meal C	(Vegan) Trio Tomato Sauce Pasta		(V) Pumpkin Alfredo Pasta		(V) Omni-Meat Bolognaise Pasta		(V) Stir-fried Egg Noodle w/ Assorted Vegetable		Porcini Mushroom Sauce Pasta						
	150	5	3	161	4	9	140	6	6	190	5	7	175	8	9
Salad Box	Smoked Salmon Caesar		Mixed Kale Salad w/ Parma Ham		Potato & Chicken Salad in Thousand Island Dressing		Japanese Cold U-don		Tuna Nicoise						
	171	9	12	185	8	13	175	10	13	165	10	5	109	6	6
	1						1							7	



Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices

















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